MINOR IN NUTRITION

REQUIREMENTS OF THE MINOR

A minor in Nutrition consists of NUTR 2110, 320, 424 and an additional 9 credit hours selected from the following: NUTR 321, 344, 345, 406, 445. Grades of C or better are required in all Nutrition courses used to meet the minor requirement. The sequence of courses for the minor contains some prerequisites including organic Chemistry (212 or 301).

THE FIELD OF NUTRITION AND DIETETICS

Nutrition is the study of the nutrients in food, the chemistry and physiology of their utilization, and the relationships of foods and food nutrients to the health of the body. As a basic science, it is concerned with the functions of nutrients, the effects of nutrient deficiencies and imbalances, and the influences of alterations in nutrient intake on basic biological processes. As an applied science, nutrition is concerned with the relationships between people and their food, the practical problems of meeting nutritional requirements, detecting and alleviating malnutrition and learning the influence of disease and alterations in physiological state on nutrient needs. The practice of nutrition is applying nutritional knowledge for individual and family well-being. It involves direct efforts to improve health through nutrition counseling and nutrition education for all age groups and the provision of nutrition services in institutions and in the community.

ROLE OF THE MINOR

The minor in nutrition will complement major study in basic natural sciences such as biology, chemistry and biochemistry, as well as exercise science, social sciences such as anthropology, sociology, psychology, and human geography. The minor in nutrition will also be of interest to students in pre-medical and pre-dental curricula; to students of nursing, health promotion and physical education and students in family and child studies and educational psychology.
The minor in nutrition is not a teacher certification minor.

How to complete your College of Education application in Tk20

The instructions for the online portion of the application are as follows. You will notice that we have provided the full application packet for you to reference as you work through the online forms. Be sure to read the packet entirely so your application for admission will be complete.

NOTE: You will not use your normal Tk20 student account, where you log-in with your UNM Netid and password. You will log-in with an admissions account. If you have already created an “Admissions-Applicant” account, in the past, but have forgotten the password please email coetk20@unm.edu so that they can reset the password for you.

1. Go to the following URL:
   http://coeunm.tk20.com

2. Click on the “Admissions” menu

3. Click on the “Click here to create your account”:

   ![Create Account](image)
4. Complete the form to create an account in Tk20, be sure to fill out all fields, then scroll to the bottom and click on “Submit”

Type the word below (Letters are case sensitive):

Submit

Note: Your log-in credentials will be displayed in the window, you will use this to log-in to Tk20

When your account is successfully created, you will see this screen:

Good job!

You have successfully created your applicant account. You can now log in to submit your application with the following username:

Username: atest0000

Back to Login
5. Returning to the login page, your username will be automatically displayed. Enter in your password you just created, click on Login.

6. Once you login you will start the application process, by clicking on “Create New Application”.

7. You will need to complete the “IFCE: Nutrition/Dietetics Minor” form. Select the form, then click on “Next”.

8. Complete the form in its entirety. If you wish to save and come back later, click on “Save”; if you are ready to submit for review, click on “Submit”; IMPORTANT: If you click on “Submit” you will have to complete the form in its entirety and will not be able to come back to it for review, it will close at this time.