Bachelor of Science in Community Health Education  
(BS-CHED-EH) Advising Sheet

Name: _______________________________                      UNM ID number: ___________________________

### First Year
**Fall Semester: 16 credits**

<table>
<thead>
<tr>
<th>Course</th>
<th>Semester(s) offered *</th>
<th>Credits</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Communication course (Any ENGL, COMM, CJ) *</td>
<td></td>
<td>3</td>
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</tr>
<tr>
<td><strong>Course Selection:</strong></td>
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</tr>
<tr>
<td>BIOL 1110 General Biology</td>
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<tr>
<td>BIOL 1110L General Biology Lab</td>
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<tr>
<td>COMM 1130 Public Speaking</td>
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<tr>
<td>HLED 1220 Personal Health Management</td>
<td>Fall &amp; Spring (1st Half)</td>
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<tr>
<td>UNM General Ed – Student Choice (gened.unm.edu)</td>
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<tr>
<td><strong>Course Selection:</strong></td>
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### Spring Semester: 16 credits

<table>
<thead>
<tr>
<th>Course</th>
<th>Semester(s) offered *</th>
<th>Credits</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>HLED 2150 Foundations of Health Promotion (need a “B” or better to apply)</td>
<td>Fall &amp; Spring (2nd Half)</td>
<td>3</td>
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<tr>
<td>ENGL 1120 Composition II</td>
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<tr>
<td>MATH Select from UNM general education math (MATH 1220 or higher)</td>
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<td><strong>Course Selection:</strong></td>
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<tr>
<td>PSYC 1110 Introduction to Psychology</td>
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<td>3</td>
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</tr>
<tr>
<td>Physical and Natural Science (gened.unm.edu) *</td>
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<tr>
<td><strong>Course Selection:</strong></td>
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</tr>
<tr>
<td>Physical and Natural Science Lab (gened.unm.edu) *</td>
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<td><strong>Course Selection:</strong></td>
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### Second Year
**Fall Semester: 15 credits**

<table>
<thead>
<tr>
<th>Course</th>
<th>Semester(s) offered *</th>
<th>Credits</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elective – Select any 100+ level elective outside of HED</td>
<td></td>
<td>3</td>
<td></td>
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<tr>
<td><strong>Course Selection</strong> (see program suggested list):</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Social and Behavioral Science (gened.unm.edu) *</td>
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<tr>
<td><strong>Course Selection:</strong></td>
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<tr>
<td>ENGL 2210 Professional and Technical Communication</td>
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<td>3</td>
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<tr>
<td>HLED 2210 Education for HIV/Aids Prevention</td>
<td>Fall ONLY (4 weeks)</td>
<td>1</td>
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<tr>
<td>HLED 2130 Consumer Health</td>
<td>Fall ONLY (4 weeks)</td>
<td>1</td>
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<tr>
<td>HLED 2530 Fundamentals of Human Sexuality</td>
<td>Fall &amp; Spring (1st Half)</td>
<td>3</td>
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<tr>
<td>PHED elective:</td>
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<td>1</td>
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### Spring Semester: 16 credits

<table>
<thead>
<tr>
<th>Course</th>
<th>Semester(s) offered *</th>
<th>Credits</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>HED elective – Select from HLED/HED course list</td>
<td></td>
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<tr>
<td>HED 306 Conflict Mediation</td>
<td>Fall &amp; Spring (4 weeks)</td>
<td>1</td>
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<tr>
<td>HED 333 Emotional Health and Interpersonal Relationships</td>
<td>Fall &amp; Spring (1st Half &amp; 2nd Half)</td>
<td>3</td>
<td></td>
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<tr>
<td>PSYC 2510 Statistical Principles</td>
<td></td>
<td>3</td>
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<tr>
<td>UNM Gen. Ed. Req. Art and Design (gened.unm.edu)</td>
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<tr>
<td><strong>Course Selection:</strong></td>
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<tr>
<td>UNM Gen. Ed. Req. Second Language (gened.unm.edu)</td>
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<tr>
<td><strong>Course Selection:</strong></td>
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</tbody>
</table>
### Bachelor of Science in Community Health Education
(BS-CHED-EH) Advising Sheet

#### Third Year
**Fall Semester: 15 credits**

<table>
<thead>
<tr>
<th>Course</th>
<th>Semester(s) offered *</th>
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<th>Grade</th>
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</thead>
<tbody>
<tr>
<td>Elective – Select any 100+ level elective outside of HED</td>
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<tr>
<td><strong>Course Selected</strong> (see program suggested list):</td>
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<tr>
<td>HED 310 Injury Prevention</td>
<td>Fall &amp; Spring (4 weeks)</td>
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<tr>
<td>HED 321 Violence Prevention</td>
<td>Fall &amp; Spring (4 weeks)</td>
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<tr>
<td>HED 445 Strategies for Prevention of Substance Abuse</td>
<td>Fall &amp; Spring (4 weeks)</td>
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<tr>
<td>HED 362 Introduction to Health Behavior Theory</td>
<td>Fall &amp; Spring (1st Half &amp; 2nd Half)</td>
<td>3</td>
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<tr>
<td>HED 371 Introduction to Public and Community Health</td>
<td>Fall &amp; Spring (1st Half)</td>
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<tr>
<td>HED 383 Principles of Epidemiology</td>
<td>Fall &amp; Spring (2nd Half)</td>
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**Spring Semester: 15 credits**

<table>
<thead>
<tr>
<th>Course</th>
<th>Semester(s) offered *</th>
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<tbody>
<tr>
<td>EDPY 303 Human Growth and Development</td>
<td></td>
<td>3</td>
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<tr>
<td>HED 477 Stress Management</td>
<td>Fall &amp; Spring (1st Half &amp; 2nd Half)</td>
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<td>HED elective – Select from HLED/HED course list</td>
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<tr>
<td>HED 482 Social Determinants and Multicultural Health</td>
<td>Fall &amp; Spring (1st Half)</td>
<td>3</td>
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<tr>
<td>Communication course (Any ENGL, COMM, CJ) *</td>
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**Course Selection:**

#### Fourth Year
**Fall Semester: 16 credits**

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<tr>
<th>Course</th>
<th>Semester(s) offered *</th>
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<th>Grade</th>
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<tbody>
<tr>
<td>Elective – Select any 100+ level elective outside of HED</td>
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<tr>
<td><strong>Course Selection</strong> (see program suggested list):</td>
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<tr>
<td>HED 446 Health Promotion Program Planning</td>
<td>Fall ONLY</td>
<td>3</td>
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<tr>
<td>HED 495 Field Experience must be approved by faculty of record</td>
<td>Fall &amp; Spring</td>
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<tr>
<td>UNM Gen. Ed. Req Humanities (gened.unm.edu)</td>
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<tr>
<td><strong>Course Selection:</strong></td>
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<tr>
<td>Communications course (Any ENGL, COMM, CJ) *</td>
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<tr>
<td><strong>Course Selection:</strong></td>
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<td>PHED elective:</td>
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**Spring Semester: 11 credits**

<table>
<thead>
<tr>
<th>Course</th>
<th>Semester(s) offered *</th>
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<th>Grade</th>
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<tbody>
<tr>
<td>Elective – Select any 300+ elective outside of HED</td>
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<tr>
<td><strong>Course Selection</strong> (see program suggested list):</td>
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<tr>
<td>HED 451 Prevention Strategies in Community Health</td>
<td>Fall &amp; Spring (2nd Half)</td>
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<tr>
<td>HED 495 Field Experience must be approved by faculty of record</td>
<td>Fall &amp; Spring</td>
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<tr>
<td>PHED elective:</td>
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<tr>
<td>PHED elective:</td>
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* Cannot overlap with UNM General Education
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HLED & HED Three Credit Hour Course List
Students must complete 6 credit hours from:
(All courses are 8 weeks)

- HLED 1120 American Red Cross First Aid and CPR /AED (Fall/Spring 2H)
- HED 473 Health Issues of Death & Dying (Spring)
- HED 487 Physical Activity and Aging (Spring)

PROGRAM SUGGESTED LIST OF ELECTIVES OUTSIDE OF HED
Students must choose a total of 12 credit hours of electives outside of HED. Students are encouraged to choose from this list or select other courses that complement the health education degree.

Note: not all courses may be online; prerequisites may apply; and courses may not be offered every year

Social, Political, Environment Factors of Health:
- ECON 2125 Society and Environment
- POLS 2150 Public Policy and Administration
- POLS 376 Health Policy and Politics
- CRP 403 Community-based practice
- CRP 474 Cultural Aspects of Community
- SUST 402 Topics in Sustainability Studies

Multicultural:
- ANTH 330 Principles of Cultural Anthropology
- PSY 374 Cross-Cultural Psychology
- SOC 2315 Dynamics of Prejudice
- SOC 308 Sociology of Gender

Communication:
- CJ 314 Intercultural Communication
- CJ 327 Persuasive Communication
- CJ 344 Interviewing
- CJ 450 Health Communication